

Beverages

Free REFILLS for the following...

Coffee \$2.09 (Our own special blend)
Coca-Cola \$2.09
Coke Zero Sugar \$2.09
Sprite \$2.09
Orange Fanta \$2.09
Minute Maid Lemonade \$2.09
Sweet Tea \$2.09
Unsweet Tea \$2.09
Uptown \$2.09 (Sweet Tea & Lemonade)

Hot Teas \$2.79 each

Your choice of organic:

Black Teas: English Breakfast, Earl Grey, Masala Chai
Green Teas: Green Strawberry Papaya, Green Sencha
Herbal Teas: Chamomile, Peppermint, Rooibos Almond Vanilla, Ginger Lemon

Hot Chocolate \$2.79 each
Swiss Miss hot chocolate with whipped cream and a drizzle of chocolate syrup.

Lou's Coffee \$3.59 each
Hot chocolate mixed with our signature coffee, topped with whipped cream and a drizzle of chocolate syrup or caramel syrup.

Whole or Lowfat Milk \$1.99 each

Chocolate Milk \$2.29 each

Apple Juice, Cranberry Juice
small...\$1.69 each
large...\$2.79 each

100% Fresh Orange Juice with Pulp or Grapefruit Juice with Pulp
small...\$1.99 each
large...\$2.99 each

Sweets

Ice Cream...\$2.95
Housemade Cookies...\$2.15

Housemade Brownies...\$2.50
Brownie a la mode...\$3.99

House Rules

CASH ONLY.

We seat incomplete parties at our convenience. During peak hours booths are reserved for 2 or more. To Go orders are to be eaten off the premises. Please check your To Go order before you leave. Substitutions are discouraged but, we will accommodate for an appropriate upcharge.
All the food is cooked to order....So relax. It's just eggs.

Locations:

Douglasville: 5935 Stewart Parkway • Douglasville GA • 30062
770-949-3000
East Point: 1617 White Way • East Point, GA • 30344
404-768-3776
Marietta Street: 826 Marietta Street • Atlanta, GA • 30318
404-745-4233
Decatur: 174 W. Ponce de Leon • Decatur, GA • 30030
404-687-0999
Roswell: 1140 Alpharetta Street, Roswell, GA • 30075
770-642-8980

Visit our website at: www.thumbsupdiner.com

BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER IF YOU HAVE ANY ALLERGY'S.

THE CONSUMPTION OF RAW OR UNDERCOOKED FOODS SUCH AS MEAT, FISH AND EGGS, WHICH MAY CONTAIN HARMFUL BACTERIA, MAY CAUSE SERIOUS ILLNESS OR DEATH.

Sandwiches

LETTUCE, TOMATO, ONION AND PICKLE ARE ONLY BY REQUEST. All of our sandwiches and burgers include your choice of ONE of the following: sweet potato fries (\$1.00 extra), onion rings (\$1.00 extra) french fries, spuds, cole slaw, small house salad, sauteed mixed veggies or sauteed spinach and mushrooms.

The Burger \$7.99
A 6 ounce angus beef burger served on a roll. Add cheese...\$.85

Black Bean Burger \$7.99
A grilled black bean patty served on a roll. Add cheese...\$.85

Burger Melt \$8.79
A 6 ounce angus beef burger with swiss cheese, sauteed onions and mushrooms, served on grilled marble rye bread.
substitute a black bean burger or a grilled chicken breast at no extra charge.

The LA Burger \$8.79
A 6 ounce angus beef burger topped with swiss cheese, guacamole, and sunflower sprouts served on a roll.
substitute a black bean burger or a grilled chicken breast at no extra charge.

Salads

All salads are served with your choice of dressing: Ranch, Balsamic Vinaigrette, Honey Mustard, Greek or Sesame Ginger.

Fried or Grilled Chicken Salad \$9.59
Assorted greens, cheddar jack cheese, mushrooms, pico de gallo, fried or grilled chicken breast, croutons and sunflower sprouts.

The Edgewood Salad \$8.99
Assorted greens, dried cranberries, candied pecans, chopped tomatoes, bacon bits, and sunflower sprouts
Add fried or grilled chicken breast...\$2.99

Blueplates

Build your own lunch from the selections listed

Three Smoked Whole Chicken Wings \$5.99

Five Smoked Whole Chicken Wings \$9.49

One Smoked Whole Chicken Wings \$1.99

Fried Chicken Fingers \$4.99

Fried or Grilled Chicken Breast \$4.99

Fried Basa Catfish Fillet \$5.29

Smoked Chicken Salad \$3.25

Chicken Breast Sandwich Fried or Grilled \$8.79
A marinated chicken breast, grilled or fried, served on a roll.
Add cheese...\$.85

Fried Fish Sandwich \$8.79
A Basa Catfish fillet lightly breaded and deep fried. Served on a roll with a side of tartar sauce. Add cheese...\$.85

Chicken Salad Melt \$7.99
Smoked chicken salad that is heated on the grill, with melted provolone cheese, grilled tomato and served on grilled marble rye bread.

Chicken Salad Sandwich \$7.99
Smoked chicken salad, provolone cheese, lettuce and tomato served on grilled wheat bread

Smoked Turkey Club \$8.29
All natural smoked turkey, bacon, swiss cheese, lettuce, tomato and honey mustard, served on grilled multi-grain bread.

Fried Fish Tacos \$7.99
Two flour tortillas stuffed with crispy fried Basa Catfish, cheddar/jack cheese, guacamole, pico de gallo, and sunflower sprouts. Served with a side of salsa

Greek Salad \$7.99
Spinach, assorted greens, red onions, tomatoes, cucumbers, black olives, feta cheese and peppercini served with greek dressing
Add fried or grilled chicken breast...\$2.99

House Salad \$4.59
Assorted greens, cheddar jack cheese, mushrooms, pico de gallo, croutons, and sunflower sprouts.

Small house salad \$2.95

Spuds \$2.79

Sweet Potato Fries \$3.50

French Fries \$2.59

Onion Rings \$3.59

Sauteed Spinach and Mushrooms \$2.79

Sauteed Mixed Veggies \$2.59

Cole Slaw \$1.99

Sliced Tomatoes \$1.99

Soup of the day \$3.65

Chili \$4.80

Since opening in 1984, Thumbs Up has consistently provided a quality breakfast at a reasonable price. We were the first to bring the Breakfast and Lunch Only concept to the metropolitan Atlanta area. After 33 years, we continue to be Atlanta's favorite breakfast choice.

Edgewood



**573 Edgewood Avenue
Atlanta, GA 30312
404-223-0690**

- 100% pure New England Maple Syrup available
- All Natural Turkey and Chicken is smoked in our own facility
 - Housemade Jams
 - Housemade Multi-grain Biscuits
 - Georgia Stone Ground Grits
- 100% Organic Nicaraguan Coffee
- 100% Orange juice and Grapefruit juice

Build Your Own Breakfast Plate

BUILD YOUR BREAKFAST

EGGS

One Egg \$1.35

Add cheese...\$.35

Two Eggs \$2.70

Add cheese...\$.65

Three Eggs \$3.90

Add cheese...\$.90

GRITS

Side of Grits \$1.79

Add cheese...\$.60

Large order of Grits \$3.38

Add cheese...\$.89

Spuds \$2.79

Fresh sliced potatoes grilled with ONIONS, GREEN PEPPERS and our SPECIAL SEASONINGS.

Add cheese...\$.89

BREAKFAST MEATS

Side of Meat \$3.39

Bacon (3 strips)

Turkey bacon (3 strips)

Pork sausage (2 patties)

Chicken sausage (1 spicy link)

Ham (2 slices)

Veggie sausage (2 patties)

OTHER MEATS

Lox \$4.50

All Natural Smoked Turkey Breast \$3.50

Fried Basa Catfish Fillet \$5.29

Fried Chicken Fingers \$4.99

Grilled or Fried Chicken Breast \$4.99

Three Jumbo Smoked Whole Chicken Wings \$5.99

One serving of pure New England maple syrup ...\$2.99

Hand Helds

Egg whites available at \$1.00 upcharge

Hand Held Breakfast Sandwiches come on your choice of Biscuit or Toast (*wheat, sourdough, rye or cinnamon raisin*) substitute a bagel for...\$.65 extra

Breakfast egg, cheese and meat sandwich \$4.89

Scrambled egg with cheddar/jack cheese and your choice of meat (*either bacon, turkey bacon, country sausage, chicken sausage, veggie sausage or ham*) on a biscuit or toast

FRENCH TOAST

Thick-sliced challah bread french toast dusted with powdered sugar.

One Slice \$2.99

Two Slices \$4.59

WAFFLES

Belgian Waffle \$4.25

A sweet tasting traditional special recipe waffle.

add pecans...\$1.00

Buckwheat Waffle \$4.25

An earthy tasting special recipe waffle.

add pecans...\$1.00

PANCAKES

Our special recipe traditional pancakes OR our buckwheat pancakes.

One Pancake \$2.75

Add pecans to pancake...\$.50

Two Pancakes \$4.29

Add pecans to pancakes...\$.75

Add one serving of pure New England maple syrup with any of the above items...\$99

BREAD

Toast \$1.49

whole wheat, sourdough, rye or cinnamon raisin

Multi-grain Biscuit \$1.49

Assorted Bagels \$1.69

Your choice of plain, everything, sesame, cinnamon/raisin, or multi-grain. Grilled or toasted dry upon request.

Add cream cheese...\$1.00

Side Seasonal

Fresh Fruit \$3.50

Egg sandwich \$2.84

Scrambled egg on a biscuit or toast

Egg and cheese sandwich \$3.19

Scrambled egg with cheddar/jack cheese on a biscuit or toast

Breakfast meat sandwich \$3.19

Breakfast meat only. (*either bacon, turkey bacon, country sausage, chicken sausage, veggie sausage or ham*) on a biscuit or toast

Fried chicken strip biscuit \$3.19

Thumbs Up Breakfast Originals

Egg whites available at \$1.00 extra charge

Fried Fish and Grits \$10.79

Basa Catfish filet deep fried and served with two eggs any style, grits, and toast or multi-grain biscuit. substitute spuds for the grits...\$1.19

Fried Chicken Strips & Waffle

\$9.99

Fried chicken breast strips, two eggs any style and a belgian waffle.

Smoked Chicken Wings & Waffle

\$12.29

Smoked chicken wings, two eggs any style and a belgian waffle.

The Skillet Heap \$7.99

A skillet full of our spuds (*fresh sliced potatoes grilled with onions, green peppers and our special seasonings*) TOPPED WITH cheddar jack cheese and two eggs any style. Served with toast or multi-grain biscuit.

For **\$1.69 each**, you can add to the heap, your choice of: grilled veggies (*zucchini, mushrooms, broccoli*) chopped turkey bacon chopped bacon chopped country sausage chopped veggie sausage diced smoked chicken chopped chicken sausage chopped all natural smoked turkey breast diced ham

Low Country Heap \$12.29

A skillet full our seasoned spuds topped with cheddar/jack cheese, spicy shrimp and chicken sausage sauteed with garlic, onions and green peppers, topped with 2 eggs any style and served with a multi-grain biscuit or toast.

Steak and Eggs \$12.99

8oz STRIP steak served with two eggs any style, spuds and toast or a multi-grain biscuit.

Southwestern Eggs \$7.99

Scrambled eggs rolled in flour tortillas with cheddar jack cheese and black beans. Topped with guacamole and pico de gallo. Served with spuds and a side of salsa.

Cream Cheese Special \$6.99

Three eggs scrambled with cream cheese and fresh herbs. Served with a grilled bagel. (*plain, everything, sesame, cinnamon/raisin, or multi-grain*) *Add cream cheese...\$1.00*

Greek Scramble \$7.79

Three eggs scrambled with onions, black olives, spinach, tomatoes, and feta cheese. Served with toast or multi-grain biscuit.

Sassy Scramble \$9.59

Three eggs scrambled with onions, fresh herbs, lox and cream cheese. Served with a grilled bagel (*plain, everything, sesame, cinnamon/raisin, or multi-grain*) *Add cream cheese...\$1.00*

Shrimp & Grits \$11.99

A SPICY BROTH of tomatoes, onions, garlic, green peppers, cajun seasoning and sauteed shrimp over large cheese grits.

Ultimate Seaside Breakfast \$14.99

A fried basa catfish filet, 1/2 portion of our Sassy scramble (described above), a small shrimp and grits and a biscuit or toast.

Pork Chops and Eggs \$10.19

2 pork chops, grilled or fried with 2 eggs any style, grits and choice of toast or multi-grain biscuit.

Double Dip French Toast \$6.59

Two slices of thick cut challah bread dipped in our french toast batter then rolled in crunchy sweet grains and grilled. *add fresh fruit and whipped cream \$3.50*

Pancake Special \$12.29

Two eggs any style, grits, choice of breakfast meat and two pancakes substitute spuds for the grits...\$1.19 *add pecans...\$1.00*

Bagel and Lox \$12.29

A grilled bagel served with cream cheese, lox, sliced tomatoes, sliced red onions and capers. (*Bagels: plain, everything, sesame, cinnamon/raisin, or multi-grain*)

Build Your Own Omelette

A three egg omelette filled with your choice of ONE CHEESE and served with a multi-grain biscuit or toast. **\$5.19**

Add grits for...**\$1.79**

or spuds for...**\$2.79**

Egg whites available at \$1.00 extra charge

extra Cheese \$1.89 each

cheddar/jack

american

swiss

provolone

mozzarella

feta

goat cheese

cream cheese

Veggies in omelette \$1.79 each

onions

spinach

mushrooms

green peppers

tomatoes

broccoli

zucchini

banana peppers

black olives

jalapenos

Meats in omelette \$1.79 each

turkey bacon

country sausage

bacon

veggie sausage

smoked chicken

chicken sausage

all natural turkey breast

ham

Most Requested Omelettes

Egg whites available at \$1.00 extra charge

Served with toast or multi-grain biscuit

Add grits for...\$1.79 or spuds for...\$2.79

Denver Omelette \$8.29

Chopped ham, green peppers, onions and cheddar jack cheese.

Yukon Omelette \$9.99

Smoked salmon, fresh spinach and cream cheese.

Farmers Omelette \$8.29

Chopped country sausage, seasoned spuds (*with a small amount of onions and green pepper*) and cheddar jack cheese.

Kav's Omelette \$8.29

Chopped veggie sausage, seasoned spuds and cheddar jack cheese. Topped with pico de gallo and fresh herbs.

Heartsmart Omelette \$8.99

Three egg white omelette with mozzarella cheese, zucchini, broccoli and mushrooms topped with sunflower sprouts and served with a side of sliced tomatoes, and choice of toast or multi-grain-biscuit.

Our Own Cold Cereal \$4.99

Combination of dried fruit, nuts organic grains and flakes, Served with Milk.

Add vanilla yogurt...\$1.00

Carb Buster Platter \$8.99

2 egg whites topped with pico de gallo, 3 strips of turkey bacon, and a side of fruit.

THE CONSUMPTION OF RAW OR UNDERCOOKED FOODS SUCH AS MEAT, FISH AND EGGS, WHICH MAY CONTAIN HARMFUL BACTERIA, MAY CAUSE SERIOUS ILLNESS OR DEATH.